



To: NYS Mental Health Outpatient Treatment and Rehabilitative Services (CMHRS)/ Clinic Providers

Re: Updated MHOTRS Guidance Document

Date: May 21, 2025

To update and clarify information, the Office of Mental Health (OMH) is reissuing a revised version of the MHOTRS Guidance document. For ease of review, major edits are outlined below.

Edits Made to the MHOTRS Guidance:

Reference	Description of Edit
<p>Co-occurring Mental Health and Substance Use Requirements:</p> <ul style="list-style-type: none"> • ‘Co-occurring Substance Use’ added throughout document • pg. 12 - (MAT) • pg. 26 - (Co-Enrollment between MHOTRS and other programs - Substance Use Disorder (SUD) Treatment/OASAS Licensed Outpatient Programs) • pg. 33 - (P&Ps) 	<p>Additional guidance provided to expand upon existing requirements to support individuals with co-occurring needs specific to mental health and substance-use disorders.</p>
<p>Pg. 8 – (Assessment)</p>	<p>To minimize confusion, additional language added to clarify existing assessment requirements.</p>
<p>Pg. 10 – (Crisis Services)</p>	<p>Expands on current service allowances and differentiates service types (crisis brief, complex, and per diem).</p>
<p>Pg. 13 – (Psychotherapy – Family and Group)</p>	<p>NEW subsections for family and group under Psychotherapy added.</p>
<p>Pg. 27 - (Satellites)</p>	<p>NEW section added to clarify current requirements associated with MHOTRS Satellite operations including School-Based Mental Health Clinics.</p>
<p>Pg. 33 – (Staff Competency)</p>	<p>In response to frequency asked questions, guidance added to inform staff competency.</p>
<p>Pg. 33 – (Access to Care)</p>	<p>NEW subsection to address access to required services and expectations related to hours of operation.</p>
<p>Pg. 45 – (Premise)</p>	<p>General language added related to program space.</p>